ST. ROSE OF LIMA PARISH

Lent & Easter

FEBRUARY 14 - MAY 19, 2024



My Dear Brothers and Sisters,

Peace!

On Ash Wednesday, February 14th, we begin the season of Lent which puts us on the road to the Easter Season. Lent and Easter, two seasons that form one movement. Lent is the season of readying our hearts so that the sight of the Risen Lord at Easter will have our hearts burning within us.

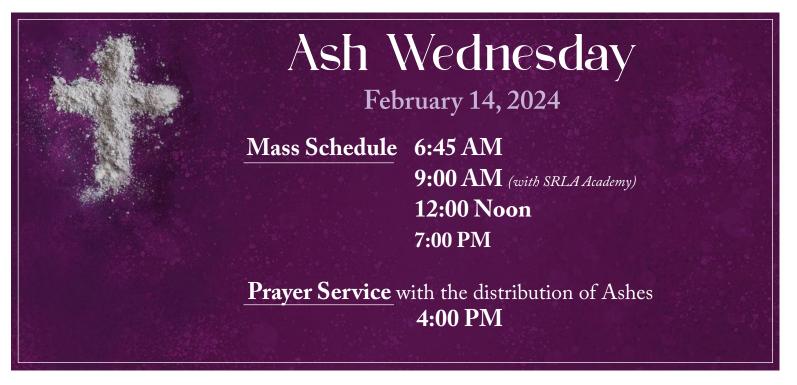
To make our Lenten journey meaningful, we must discern through prayer and the celebration of the Lenten Sundays, Holy Week, and the Sacred Triduum. Every journey has a destination, a culminating moment, a reason for the trip. Easter is that earthly destination that promises us the more permanent Easter in heaven.

With Pope Francis, I urge you to take up the Lenten journey with enthusiasm, sustained by fasting, almsgiving and prayer. Let us make this Lenten journey with acts of charity and love that will allow us to arrive at Easter refreshed, reconciled, and renewed by the presence of the Risen Lord!

May the Spirit of God be with us on our Lenten journey to Easter and may that same Spirit of God shine through us at Easter and during the Easter Season.

Love and Peace,

Fr. Larry



LENT & EASTER SCHEDULE

Sunday Masses 5:30 PM Saturday Evening 7:30 AM | 9:30 AM | 11:30 AM

Monday - Saturday Weekday Mass 9:00 AM

Reconciliation Schedule

Saturdays 9:30 AM-10:00 AM and 4:30 PM-5:00 PM There is no scheduled confession on Holy Saturday

First Sunday Series First Sunday of Lent Practice and age-old way of praying, Lectio Divina (divine reading)

Following 11:30 Mass in Ryan Hall Please see details on page 6 February 18

Waywalkers Simple Soup Supper Each Friday of Lent at 6:30 PM, followed by Stations of the Cross at 7:30 PM

Date **Sponsor Group** Reflection February 23 SRL Academy Fr. Larry Evans, Pastor March 1 SRL Ladies Auxiliary Rev. Bowie Snodgrass, Pastor of Christ Church March 8 SRL Faith Formation Jennifer Engelbart, Coordinator Faith Formation K-6 March 15 Liturgical Ministries Michelle Sanders, Consultant for Ministries Development March 22 Knights of Columbus Tom Abella, Parishioner, Catechist, Knight

Palm Sunday of the Passion of the Lord

March 24 5:30 PM Saturday Evening 7:30 AM | 9:30 AM | 11:30 AM

> 7:00 PM Youth Living the Stations with the Candidates for Confirmation 2024 Liz Jessen and Steve Togher, Coordinators Faith Formation Gr. 7, 8 & Confirmation

Individual Rite of Penance

March 25, 26 and 27 7:00 PM

Sacred Triduum March 28 - March 31

Holy Thursday,

7:30 PM Mass of the Lord's Supper March 28 9:00 AM Morning Prayer

Friday of the Passion of the Lord (Good Friday)

9:00 AM Morning Prayer 3:00 PM | 7:30 PM Good Friday Service March 29

Holy Saturday

8:00 PM Easter Vigil March 30 9:00 AM Morning Prayer

Easter Sunday of the Resurrection of the Lord

March 31 7:30 AM | 9:30 AM | 11:30 AM

Easter egg hunt following 9:30 AM Mass, all are invited

First Sunday Series Sunday of Divine Mercy Practice and age-old way of praying, Lectio Divina (divine reading)

April 7 Following 11:30 Mass in Ryan Hall Please see details on page 6

Ascension of the Lord

5:30 PM Saturday Evening 7:30 AM | 9:30 AM | 11:30 AM May 12

Pentecost Sunday

5:30 PM Saturday Evening 7:30 AM | 9:30 AM | 11:30 AM May 19

The Most Holy Trinity Easter Duty

5:30 PM Saturday Evening 7:30 AM | 9:30 AM | 11:30 AM May 26

What is so radical to me about Christianity is that it is not a bunch of do's and don'ts—it is about a new way of living. —Pope Francis

And so, it begins — the holy and, for some, daunting, season of Lent. This is the season in our liturgical year when the Church encourages us to increase our prayer, fasting and almsgiving in order to enter more deeply into the mystery of our Lord's Passion and Death and Resurrection. To help us, yes, I said "to help us", the Church gives us Lenten "Regulations"; she prescribes a course of actions to guide us. Participation in our Catholic traditions and practices leads to growth in understanding and appreciation.



PRAYER Lent is a favorable time for letting Christ serve us so that we in turn may become more like him. This happens whenever we hear the word of God and receive the sacraments, especially the Eucharist. There we become what we receive: The Body of Christ. - Pope Francis

Lenten Regulation: All the faithful, after they have been initiated into the Most Holy Eucharist, are bound by the obligation of receiving Communion at least once a year. The time for fulfilling this Paschal Precept or Easter Duty extends from the First Sunday of Lent, February 18 to the Solemnity of the Most Holy Trinity, May 26.

FASTING Lent invites us to look inside our heart, with fasting, which frees us from attachment to things and from the worldliness that numbs the heart. It is a summons to stop, to focus on what is essential, to fast from the unnecessary things that distract us. It is a wake-up call for the soul. - Pope Francis

Lenten Regulation: The obligation to observe the laws of Fast and Abstinence "substantially," or as a whole, is a serious obligation. The days of both Fast and Abstinence during Lent are Ash Wednesday and Good Friday. The other Fridays of Lent are days of Abstinence. On a day of Fast, only one (1) full meal is permitted. Those between the ages of 18 and 59 are obliged to fast. On a day of Abstinence, no meat may be eaten. Those who have reached the age of 14 are obliged by the law of abstinence.

ALMSGIVING In our Christian life too prayer and action are always profoundly united. Prayer that does not lead to concrete action toward a sister or brother who is poor, sick, in need of help is a sterile and incomplete prayer. - Pope Francis

Lenten Regulation: The Fridays of the year, outside of Lent, are designated as days of penance, but each individual may substitute for the traditional abstinence from meat some other practice of voluntary self-denial as penance.

OPERATION RICE BOWL

This Lent, put your faith in action with CRS Rice Bowl, Catholic Relief Services' Lenten program to pray, fast, learn and give. Rice Bowls will be collected during Holy Week during collections for the poor.

Why Go To Confession During Lent?

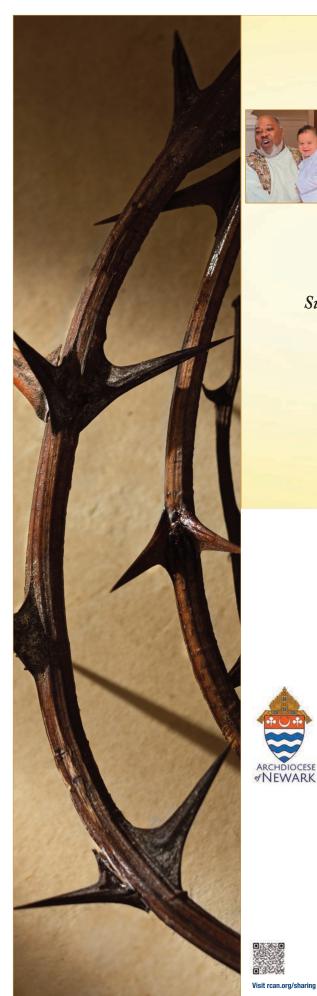
CONFESSION Even when the door that Baptism opened to enter into the Church is closed a bit because of our weakness and our sins, Confession reopens it, because it is like a second Baptism that forgives us all and illuminates us to go forward with the light of the Lord.- Pope Francis

Lenten Regulation: The faithful are to be encouraged to participate in the sacrament of Penance during Lent. It is a beautiful season to celebrate the sacrament of Reconciliation. As we realize more deeply the goodness of God, we also become more aware of the ways we have failed to live as we should.

Why Go To Stations of the Cross?

STATIONS The cross speaks to us of the supreme love of God and invites, today, to renew our faith in the power of that love, and to believe that in every situation of our lives, our history and our world, God is able to vanquish death, sin and evil, and to give us new, risen life.

Lenten Suggestion: During the season of Lent, there is a rich tradition of celebrating the Way of the Cross, both privately and publically. This devotion helps to prepare us for the celebration of Christ's Paschal Mystery.



St. Rose of Lima Parish Joyfully Celebrates Sacraments













Sundays of Easter with the Rite of Baptism

Confirmation

Sundays of Easter with First Holy Communion/Eucharist

Adult Baptism

Adult Confirmation

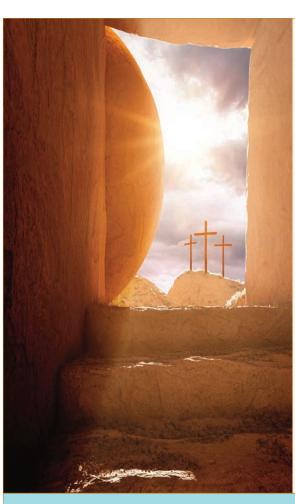
Mass with the Anointing of the Sick

Holy Matrimony

Reconciliation







THE FIRST SUNDAY SERIES

Come and practice a very special way of praying with the Bible. On the First Sunday of Lent and Easter we will meet after the 11:30 AM Mass in Ryan Hall and practice an age-old way of praying called Lectio Divina which means divine reading.

Sunday, February 18, 2024 (First Sunday of Lent) Sunday, April 7, 2024 (Sunday of Divine Mercy)

Spiritual Director, Regina Furlan will lead these workshops. It offers individual prayer and group sharing. All are welcome, no experience necessary. Come to one or all three to enjoy a deeper relationship with the Word of God and special fellowship with your parish family.

Please RSVP one week before the date above to Regina, rfurlan19@gmail.com or call the parish office, 973-379-3912.

"Lectio Divina is the first rung of the ladder to heaven"
- 12th Century, Carthusian monk Guigo II

"Lectio Divina allows the Holy Spirit to speak to my heart"
- St Rose Parishioner, 2023



St. Rose of Lima Second Annual Easter Drive to help Food Insecurities

Where there is need, We can help!

The St. Rose of Lima Food Insecurities Ministry will have a food drive to help those facing food insecurities during the Easter season.

Drop off is Saturday, March 23 between 9:00 to 10:00 AM

Grocery List: Please buy the quantity of each food items listed below. Drop off your donation in a reusable grocery bag to the SRL parking lot.

Suggested food items for a family of five:

- 1 Frozen bone-in ham, shank (approximately 11 pounds)
- 2 40 ounce cans of cut Yams
- 3 20 ounce cans of any type of vegetable
- 1 Box of Bisquick
- 2 7.25 oz boxes, Kraft Original Macaroni & Cheese

Can't shop, but want to help? Please consider giving a monetary gift of \$50. Donate through the QR code here or visit our website at www.stroseshorthills.org, look for the Easter basket.



Can't make it to our drop off date? Feel free to drop off non-perishable items anytime directly to our blue food van (located in the St. Rose parking lot) or call our parish office at 973-379-3912 to schedule a convenient time to drop off your donation during our regular business hours.

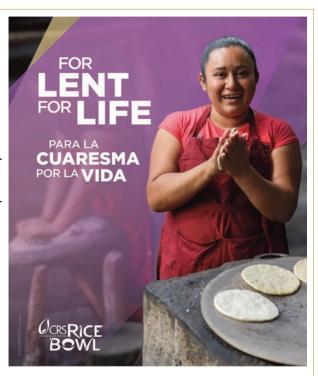


CATHOLIC RELIEF SERVICES RICE BOWL

During the Lenten season the Parish of St. Rose participates in the CRS Rice Bowl. Participation in the CRS Rice Bowl helps to deepen our relationship with Christ and bring hope to our most vulnerable brothers and sisters in need around our world. This year we invite you to pray, fast, and give to CRS through your enclosed family rice bowl for Lent.

This Lenten season, place this rice bowl on your family table to remind you of those who are hungry throughout the world. Each week, fill the rice bowl with change or bills from sacrifices you've made to help the poor ie. Skip one cup of gourmet coffee, have your child do a special chore, one night a week have a simple supper, or give up a special treat. Every dollar counts. There will be extra rice bowls available at Way Walkers and at the doors of the Church. Students will receive rice bowls during Religious Education. Operation Rice Bowl Materials were mailed to all registered parishioners. Additional information can be found in the Church vestibule.

For more information, please visit Catholic Relief Services at www.crs.org



Donate Online: Online donations can be made through the St. Rose of Lima website. To donate online, please visit www.stroseshorthills.org, look for the image shown above.



EASTER FLOWERS DONATIONS EASTER SUNDAY MARCH 31, 2024

To make a donation for flowers to be used to decorate the Church during the Easter Season, please either complete and send in your Easter Flowers envelope (received with your weekly offertory envelopes) OR fill in the form below. Please return the form by mail to the church or in an envelope marked "Easter Flowers" and place in the offertory collection.

MY NAME	
ADDRESS	
	Zip Code
TELEPHONE NUMB	ER
I WISH TO DONATE \$	TOWARD FLOWERS TO BE
USED TO DECORATE T	HE CHURCH DURING THE EASTER SEASON.
DONATED IN MEMO	ORY OF
OR	
DONATED IN HONC	OR OF (LIVING MEMBERS)

My check, drawn to the order of **ST. ROSE OF LIMA CHURCH**, accompanies this form.

On the return envelope please write "**EASTER FLOWERS**."

Mail to: St. Rose of Lima Parish, 50 Short Hills Avenue, Short Hills, NJ 07078